

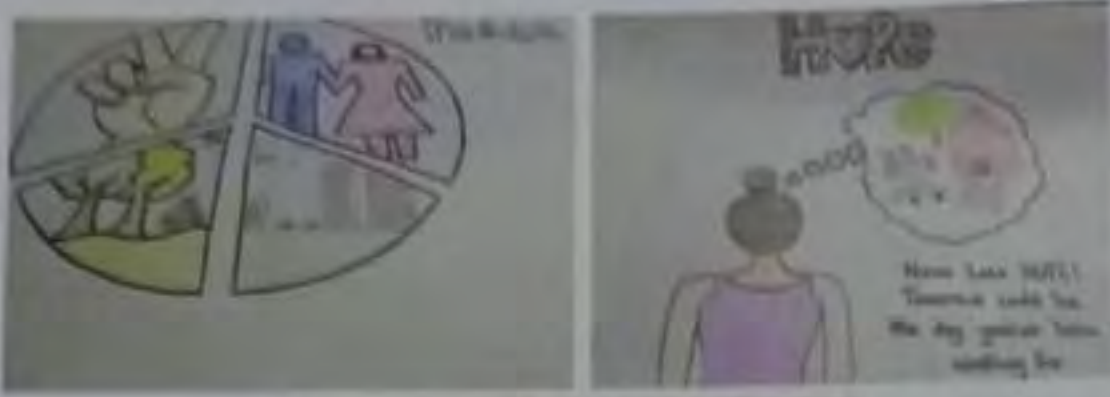


MAURITIUS PRISON SERVICE MAGAZINE 2020



Moving Towards Technology

be content and not only satisfied. We need Peace. We need not be anxious or worried with other things. We can live with peace in our heart".



In 2020, 14 Trainee Prison Officers also benefited from the daily evening courses facilitated at the Prison Training School and they have expressed how these sessions are helping them to make better choices both as a Prison Officer and to become a better human being.



Trainee Prison Officers who attended the PEP Course in 2018 were awarded their Certificate of Participation personally by Mr. P. Appadoo.



This year also the program is being facilitated to more detainees at Richelieu Open Prison and at GRNW Remand Prison. Officers have observed the positive impact of the program even in the first session itself.

Custodians of Peace:

Mauritius Prison Service Officers Participate in Peace Education Program

Fulfilling the mission of the Mauritius Prison Service that is to serve society by keeping detainees in safe, humane custody and help prepare them for a useful life requires Officers to stay calm and focused even amid stressful circumstances.

To assist in this process, the Prison Department has established a working network with different Non Governmental Organisation. Since 2017, volunteers of Peace and Well-being and The Prem Rawat Foundation (TPRF) are delivering the Peace Education Program (PEP) to Prison officers and detainees.



Based on the international talks of renowned peace advocate Prem Rawat, the program's innovative multimedia workshops have been designed to help participants in developing a sense of inner strength, clarity, and peace. These workshops are also extended to inmates in more than eighty five countries throughout the world in Institutions and Universities.

Prison Senior Officer Cadet J. K. Taurah who attended the course stated that he was "astounded" by the program and how it spurred a process of self-discovery that will help him in becoming a more compassionate officer. "When you feel good, you become a human being who cares," he says. "Peace begins within us."

The Officer in Charge of the Prisons Training School expressed his willingness to extend this educational programs for all prison staff, that as a participant, he was "stunned" by how it changed his life and he is now advocating for it to be offered more widely. "It will benefit all of the prison officers and all of the detainees because we need to live in harmony. We need to value each other as human beings," he says.



Mr. Premananda Appadoo, the former Commissioner of Prisons, was impressed by the results of the pilot program and recommends the program to be offered to more officers and detainees in the correctional facilities. "I've seen how it impacts officers. They are reacting in a positive way, and it will be very, very beneficial to the service," he says. "I'm convinced that if we task it to more officers, it will be very beneficial. The program helps get to the root of the problem. We can reduce the rate of recidivism when we sensitize the inmates and help them find peace of mind, help them know themselves and find peace within themselves. I think it will have some good results."